

Is Race in the Eye of the Beholder?: Using Interviewer-Recorded Race to Assess the Relationship between Self-Identified Race, Observed Race, and Health

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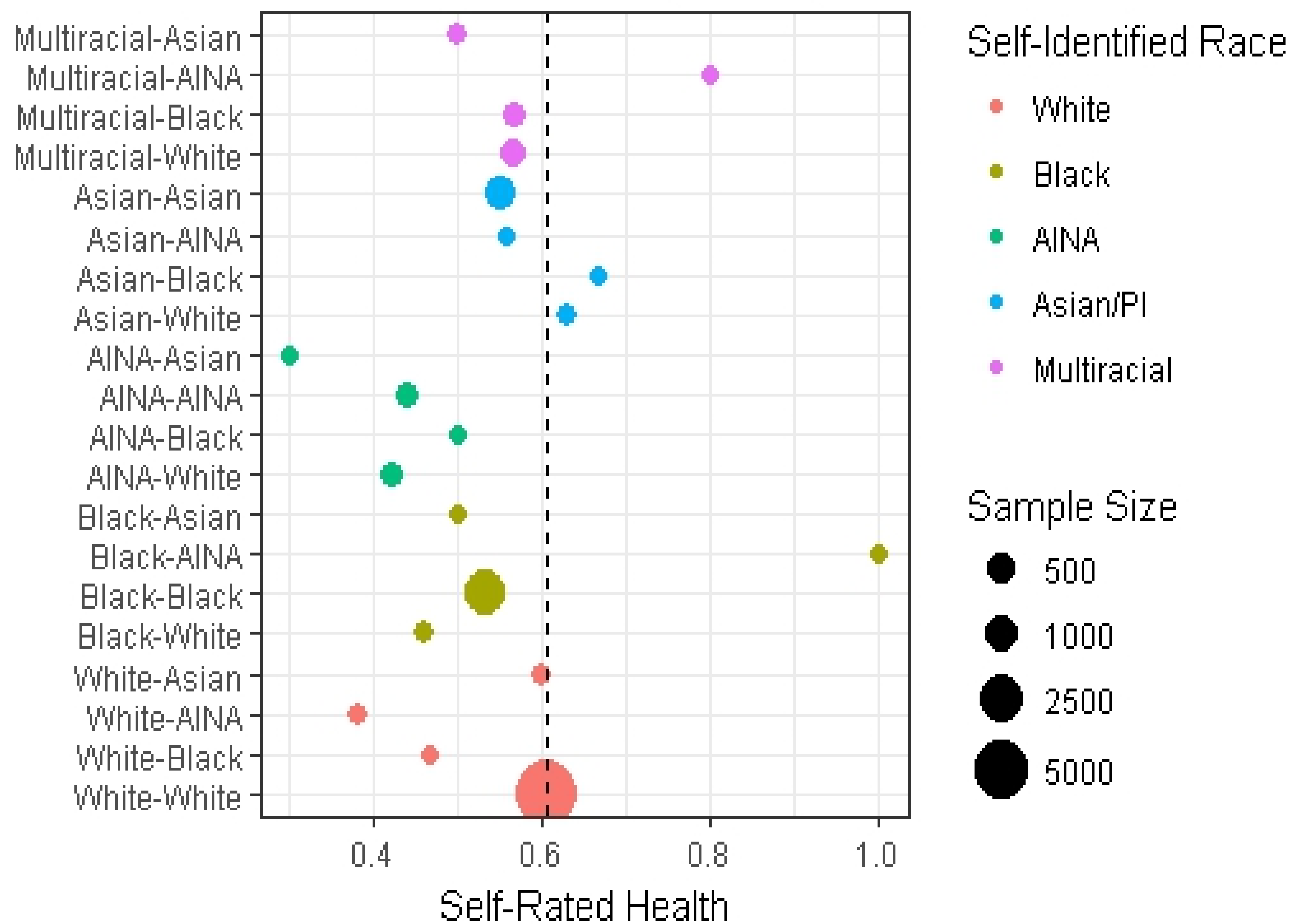
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Research Focus: The goal of this study is to determine whether external racial appraisals also matter for health within and across self-identified racial groups. This study is motivated by theoretical considerations and empirical evidence that suggests how individuals are perceived through a racialized lens matter for health outcomes in addition to exposures to racial discrimination (stressors) and access to socioeconomic resources.

Data: Data for our analysis comes from Waves III and IV of The National Longitudinal Study of Adolescent to Adult Health (Add Health), a nationally representative survey of adolescents in the United States (N=10237). Our **dependent variable** is self-rated health at Wave IV. Our **key independent variable** is “jointly-defined” race. We construct this variable by defining each respondent's race based on how they self-identify as well as how they are observed by the interviewer.



Self-Rated Health by Jointly-Defined Racial Groups



Research Questions:

1. What is the relationship between self-identified and observed race?
2. Do levels of health vary between subgroups jointly defined by self-identified and interviewer-recorded race?
3. Do individuals who “pass” as White, regardless of how they self-identify, have better health than their peers who do not pass as White?
4. Do individuals who “pass” as White, regardless of how they self-identify, have health that is not significantly different from White-concordant individuals?

Analysis: To answer research questions 1 and 2, we ran descriptive analyses. To answer research questions 3 and 4, we estimate a Bayesian logistic regression model, with a student-t prior with 7 degrees of freedom. In our full model, we control for age, gender, education, and Hispanic/Latino ethnicity.

Results: In general, individuals are race-concordant, meaning that their self-identified race and observed race are the same. However, this is less true for Native Americans and Multiracial individuals in our data. While there is a good deal of variation in self-rated health across jointly defined sub-groups (see figure above), the results of our full model estimates imply that many of these differences are attenuated once known covariates are accounted for. **We find no evidence of “passing privilege” for self-identified racial minority groups who are observed as White.** This contradicts previous research which argues for passing privilege, however our data suffer from several limitations, including a uniquely young sample of respondents.

Table 1: Self-Rated Health

In Reference to Black-Black Respondents			
Self-Identifies As	Observed As	Self Rated Health Odds Ratio	95% Confidence Interval
Black	Black	Reference Category	Reference Category
Multiracial	Black	1.05	0.76-1.46
In Reference to AINA-AINA Respondents			
Self-Identifies As	Observed As	Self Rated Health Odds Ratio	95% Confidence Interval
AINA	AINA	Reference Category	Reference Category
AINA	White	0.96	0.65-1.43
In Reference to White-White Respondents			
Self-Identifies As	Observed As	Self Rated Health Odds Ratio	95% Confidence Interval
White	White	Reference Category	Reference Category
AINA	White	0.60	0.45-0.80
Multiracial	White	0.93	0.75-1.14

