

Spring 2019 Lecture Series and Educational Events

UW Aging - Healthy Generations Center of Excellence

LINKING LIVES: DISRUPTING THE CYCLE OF SOCIAL ISOLATION

Presenter: Karen Fredriksen Goldsen, PhD
Frye Art Museum, 704 Terry Avenue, Seattle 98104
Thursday, April 25, 2019, 7:00 – 8:00 pm
fryemuseum.org/calendar/event/7152/

Loneliness is as much a hazard to human health as smoking or obesity, leading to cardiovascular disease, poor mental and physical health, and early death. Social isolation in the United States has reached epidemic proportions, creating a largely invisible public health crisis for an aging population with few resources that address it. In this presentation, UW Professor Karen Fredriksen Goldsen will share her landmark research on aging LGBTQ adults, who have historically experienced significant social restrictions, and discuss how those findings can provide effective alternatives for anyone living in isolation.

Dr. Fredriksen Goldsen is social work professor and director of the Healthy Generations Center of Excellence at the University of Washington. She is a nationally and internationally recognized scholar addressing issues of health equity, disparities, resilience and aging among at-risk populations. She is the principal investigator for *Aging with Pride: National Health, Aging, and Sexuality/Gender Study*, as well as multiple other federally funded studies.

AGING & MULTIGEN LUNCHTIME TALKS

UW School of Social Work, 12:30-1:30 Room 116, all are welcome

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| April 11 | David La Fazia, Resilient Caregiving |
| April 25 | Lillian Prueher, Elder Care in China |
| May 9 | Rachel Wright, Grief & Pets: Veterinary Social Work |
| May 23 | Ruth Foster Koth, Diving Deeper into Work with Groups |
| June 6 | Aging & Multigen End-of-Year Celebration (UW School of Social Work, Research Commons, Floor 2) |

For more information contact Healthy Generations at UWaging@uw.edu