

SPRING 2020

# Interrupting Microaggressions

## & Promoting Quality Mentorship

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This interdisciplinary course seeks to engage in dialogic and reflexive skill-building practices to deepen understanding and abilities to interrupt and address microaggressions and to enhance the experience and practice of mentorship.

This course will work as a collaborative space to explore the meaning of identities in our lives (e.g. gender, sexuality, race, ethnicity, language, ability, mental health, mentee, mentor). It is centered in the diverse and common experiences, strengths and needs of multicultural and marginalized communities. Through active participation in small group work, facilitated discussions, guest presentations and other dynamic learning we will gain:

- 1. A critical understanding of the nature of microaggressions and their deleterious impact**
- 2. Skills to address microaggressions and to engage in dialogue to promote just relationships, including the mentorship relationship.**

*The Graduate School invites graduate students, faculty, and staff from all disciplines to participate in our interdisciplinary course in the Winter quarter. Faculty & staff can email [humienik@uw.edu](mailto:humienik@uw.edu) to join the course.*

**GRDSCH 640A**  
**SLN: 21295**  
**1 credit CR/NC**

**INSTRUCTORS**

**Gino Aisenberg,**  
**Ph.D., MSW &**  
**Maxine Wright, Ph.C.**

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**DAY/TIME**

**Tuesdays,**  
**4:30 p.m.–5:50 p.m.**

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**LOCATION**

**Odegaard Library**  
**Active Learning**  
**Classroom (ACL) 141**

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