Diabetes Facts

- **High prevalence:** 1 in 10 adults have diabetes. 1 in 3 are at risk for developing it.

- **Highly preventable:** Diet and Exercise

- **A growing problem:** The #1 risk factor—obesity—is a growing problem: from 1999-2000 to 2017-2018 the age-adjusted obesity rate among adults increased from 30.5% to 42.4%.

- **Dangerous:** The long-term complications of diabetes develop gradually and can be disabling or life-threatening including cardiovascular disease, nerve damage, kidney damage, eye damage, among others.
High (0.83) Correlation Between State’s “Too Sick To Work” Rate and Diabetes Prevalence

Using a Matching Methodology I find that Having Diabetes Increases the Probability of being “Too Sick To Work” by 17%

Equation 1b: Matched Dataset, Individuals Age 25-54
Observations: 697719: Dependent Variable: TSTW

<table>
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<th>Est.</th>
<th>S.E.</th>
<th>t val.</th>
<th>p</th>
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Sources: Current population survey/ author’s calculations and United Health Foundation/Center for Disease control’s behavior risk factor surveillance survey, 2016